



Paul R. LePage, Governor

Mary C. Mayhew, Commissioner

Maine Disaster Behavioral Health Response Team (DBHRT) Application

Applicant Information

Name: _____

Credentials or Licensure (e.g., LCSW, Ph.D., RN, etc.): _____

**Please include a copy of credentials or license with this application.

Professional Discipline

- Psychiatrist Psychologist Psychiatric Nurse Social Worker Mental Health Counselor
- Substance Abuse Counselor Other (Caseworker, nurse, EMT, guidance counselor, etc.) _____
- Spiritual Care Professional

Contact Information

Date of Birth: _____ Social Security Number (for criminal background check only): _____

Facility/Agency: _____

Street Address: _____

City: _____ State: _____ Zip Code _____

Home phone: () _____ Work phone: () _____ Mobile phone: () _____

E-mail address: _____ Pager number: () _____

Required Training

I have completed the two-day training **Disaster Behavioral Health: A Critical Response** in its entirety.

Training Location: _____

Training Dates: _____

Other Disaster Trainings

Please list any disaster related training you may have completed. Use additional pages as necessary.

Name of Training	Sponsoring Agency	Training Dates	# of Hours

Previous Experience

Please list any previous disaster response experience you have had. Use additional pages or attach information as necessary

Type of Disaster (flood, fire, etc.)	Date and Location of the Disaster	Role in response

Special Skills

Please list any special skills you may have (languages spoken, understanding of specific populations, etc.).

Criminal Background Check

Have you ever been convicted of a crime other than a minor traffic violation? Yes No

If yes, please describe in detail the date(s), crime(s), and submit a copy of the court judgment(s) as well as a letter from you explaining the circumstances surrounding your conviction.

Has your application for professional licensure ever been denied by any state board governing your particular professional practice? Yes No If yes, please attach an explanation.

Has your professional license ever been suspended, revoked, or subject to any disciplinary action by any state or jurisdiction? Yes No If yes, please attach an explanation.

Signature

Date

By my signature, I affirm that all information provided in connection with this application is true to the best of my knowledge and belief. I further authorize all law enforcement agencies and officials thereto to release to the Program Director of Disaster Behavioral Health Services any and all criminal history record information pertaining to myself.

Instructions

Please enclose the following with your completed application:

- Copy of professional licensure (if applicable)

- Register in *Maine Responds* Emergency HealthCare Volunteer Registry www.maineresponds.org
- Copy of certificate of completion for FEMA course IS 100
- Copy of certificate of completion for FEMA course IS 700

Completed applications should be forwarded to:

Program Director, Disaster Behavioral Health Services
Maine CDC Office of Public Health Emergency Preparedness 286 Water St, 4th Floor, 11 SHS
Augusta, ME 04333-0011
Kathleen.wescott@maine.gov
PH: (207) 287-3796 FAX: (207) 287-4612

Requirements for Team Participation

The following three steps must be completed to join the Maine Disaster Behavioral Health Response Team (DBHRT):

Step 1: Complete the two-day training “Disaster Behavioral Health: A Critical Response”.

The training program is offered in two 8-hour sessions. Day One of the training provides an educational overview of disasters, disaster reactions and how the local, state and federal response to disasters operates. Day Two focuses on clinical interventions and skill-building, using a hands-on experiential exercise where new techniques are practiced. Participants will also learn about how to become disaster behavioral responders and how notification and deployment will occur. Individuals must attend both training days to become certified members of DBHRT.

Contact the Program Director of Disaster Behavioral Health Services at (207) 287-3796 for upcoming dates and locations or email at Kathleen.wescott@maine.gov

Step 2: Complete the Disaster Behavioral Health Response Team (DBHRT) application.

After completing the two-day training you will receive the responder application to fill out. If you are interested in becoming a disaster behavioral health responder you must fill this out and submit it to the Program Director of Disaster Behavioral Health Services. This form will provide us with your contact information, professional and licensure status, along with information about your experience and areas of expertise. The Program Director coordinates the team and will contact you after receiving your application to let you know if it has been approved. You may then be notified in the future to respond with the team in during emergencies. The Responder application should be mailed or faxed to the Program Director of Disaster Behavioral Health Services upon completion.

Complete the *Maine Responds* Emergency Healthcare Volunteer Registry application by going to www.maineresponds.org and select “DBH group” for inclusion

Step 3: Complete online or classroom trainings about the National Incident Management System (IS-700) and Introduction to the Incident Command System (IS-100) class and obtain certificate of completion.

The Incident Command System (IS-100: An Introduction to ICS)

IS 100, Introduction to the Incident Command System, introduces the Incident Command System (ICS) and provides the foundation for higher level ICS training. This course describes the history, features and principles, and organizational structure of the Incident Command System. It also explains the relationship between ICS and the National Incident Management System (NIMS).

IS-100 can be found at <http://www.training.fema.gov/EMIWeb/IS/is100.asp>. This course should be taken online or in a classroom setting. Please visit www.maine.gov/mema for classroom opportunities.

After successful completion of this course you will receive email notification that you passed and a link to view and print your certificates. If you've taken the courses in a classroom setting, you will receive your certificates by mail. These certificates should then be sent by fax or email to the Program Director of Disaster Behavioral Health Services at (207) 287-3796 or Kathleen.wescott@maine.gov.

The National Incident Management System (IS-700 NIMS: An Introduction)

Homeland Security Presidential Directive 5 "Management of Domestic Incidents" requires States, territories, tribal entities, and local jurisdictions to adopt the National Incident Management System (NIMS). Implementing the NIMS strengthens our nation's prevention, preparedness, response, and recovery capabilities.

The National Incident Management System integrates effective practices in emergency preparedness and response into a comprehensive national framework for incident management. The NIMS enables responders at all levels to work together more effectively to manage domestic incidents no matter what the cause, size or complexity.

The NIMS online training found at <http://www.training.fema.gov/EMIWeb/IS/IS700.asp> and NIMS web site offers an interactive web-based course. Once successfully completed, a certificate will be sent by email. Please forward this to the Program Director of Disaster Behavioral Health Services at Kathleen.wescott@maine.gov

This course can also be taken in a classroom setting. Please visit www.maine.gov/mema for opportunities. Once successfully completed, a hard copy certificate will be sent to you by mail. Please send a copy of this to the Program Director of Disaster Behavioral Health Services at Kathleen.wescott@maine.gov



Maine Disaster Behavioral Health Response Team

Employer Memorandum of Understanding

It is not the intention of the Maine Disaster Behavioral Health Response Team (DBHRT) to create a situation whereby a community becomes underserved due to an exodus of volunteer behavioral healthcare providers in a time of emergency or disaster. Even in a time of emergency or disaster, members of the Maine Disaster Behavioral Health Response Team hold a primary responsibility and obligation to provide behavioral healthcare within their local community.

The employee listed below is a mission critical member of the Maine Disaster Behavioral Health Response Team and without his or her availability the safety of a deployment may be compromised. We ask that you make the employee listed below available to deploy with the Maine Disaster Behavioral Health Response Team, in times of emergency or disaster.

For the purposes of worker's compensation and long-term disability, members of the Maine Disaster Behavioral Health Response Team will be registered as volunteers with the Maine Emergency Management Agency. Upon activation of the Maine Disaster Behavioral Health Response Team, or during training activities, they will become State Employees for liability as well as worker's compensation and disability purposes for the length of their activation (37-B MRSA § 822-823).

Please contact the Program Director of Disaster Behavioral Health Services at (207) 287-3796 or email at Kathleen.wescott@maine.gov with any questions.

Name of Team Member: _____

Signature of Member: _____

Name of Employer: _____

Name and Title of Employer's Representative: _____

Signature of Employer's Representative: _____

I. Date: _____

Appendix B

Responder Health and Safety

The Disaster Behavioral Health Program provides support to response team volunteers during three phases: 1) pre-deployment after a volunteer has been assigned to an incident; 2) deployment phase when a volunteer is working on an assignment; and 3) post-deployment when a volunteer has completed their assignment and will be released. These phases present specific stressors and require support and services to maintain the health and safety of DBH Response Team members.

Pre-Deployment

Stressors	DBH Support and Services available
<ul style="list-style-type: none"> • Making travel arrangements • Local disaster impacts on self/family • Anticipation of the unknown • Difficult to access accurate information • “Hurry up and Wait” 	<ul style="list-style-type: none"> • Interview and screen individuals for appropriate deployments • Provide training to make self-care a priority and to develop professional resilience strategies • Psychological First Aid training • <i>First Responders, Coping with Disasters</i> brochures • Education on identified environmental and work-related exposures for the incident, including force protections, i.e. PPE’s

Deployment

Stressors	DBH Support and Services Available
<ul style="list-style-type: none"> • Environmental exposure • Work-related exposure • Managing common stress reactions • Secondary traumatization • Compassion Fatigue 	<ul style="list-style-type: none"> • Staff orientation • Self-care and coping strategies • Promote self-screening tools • Safety Officer monitors environmental and work-related exposures; initiates prevention activities • Monitor and provide constructive feedback to leadership to reduce staff stressors • Collaborate with HICS Health and Well-Being Leader

Post-deployment

Stressors	DBH Support and Services Available
<ul style="list-style-type: none"> • Transition back to pre-deployment activities and home life • How to incorporate deployment activities into a meaningful experience • Lack of self-care • Spiritual crisis 	<ul style="list-style-type: none"> • Provide many opportunities to discuss emotional reactions to events and working with individuals and groups exposed to traumatic events • Normalize post-deployment reactions • Identify resilience strategies • Provide information on available supportive programs and referrals, e.g. community BH and faith-based services